Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: LWB

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vanoppen Anja

Coaches: Mannaerts Hans HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 400M FREESTYLE WOMEN 11+ Heat:3, starttime: 08:47

Heat: 3/4 Lane : 4 Athlete: JANSEN NINA **Q-time: 05:24:73**

PB (25m pool): 05:44.91 Pelt 05/10/2025 **PB (50m pool):** 05:24.73 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:24.16		no time		02:54.56
		no time						

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		05:44.91

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11+ Heat:3, starttime: 09:14

Heat: 3/5 Lane : 5 Athlete: HURKMANS CéDRIC **Q-time: 05:54:78**

PB (25m pool): 05:54.78 Beringen 08/02/2026 **PB (50m pool):** 06:03.49 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:16.57		no time		02:45.34
		no time						

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		05:54.78

Coach feedback:

Event number: 2: 400M FREESTYLE MEN 11+ Heat:4, starttime: 09:21

Heat: 4/5 Lane : 4 Athlete: MANNAERTS MATHIAS **Q-time: 04:51:52**

PB (25m pool): 04:51.52 Beringen 08/02/2026 **PB (50m pool):** 04:51.88 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:09.68		no time		02:24.44
		no time						

	225M	250M	275M	300	325	350	375	400M
PB		no time		no time		no time		04:51.52

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: LWB

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:2, starttime: 09:35

Heat: 2/8 Lane : 6 Athlete: MERTENS LISA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:1, starttime: 09:54

Heat: 1/12 Lane : 4 Athlete: COCHET LANTE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:11, starttime: 10:17

Heat: 11/12 Lane : 1 Athlete: MICHIELS ANS — **Q-time: 01:15:70**

PB (25m pool): 01:15.70 Stedelijk Zwembad Geel 15/02/2026 **PB (50m pool):** 01:18.35 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.20		01:15.70	
	00:37.20		*00:38.50*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 5: 100M BACKSTROKE MEN 11+ — Heat:1, starttime: 10:21

Heat: 1/8 Lane : 2 Athlete: VAN GYSEL JORRE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: LWB

Event number: 5: 100M BACKSTROKE MEN 11+ — Heat:8, starttime: 10:38

Heat: 8/8 Lane : 5 Athlete: MANNAERTS MATHIAS — **Q-time: 01:08:31**

PB (25m pool): 01:08.31 Lommel 22/02/2026 **PB (50m pool):** 01:09.79 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:33.84		01:08.31	
	00:33.84		*00:34.47*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:1, starttime: 10:40

Heat: 1/5 Lane : 3 Athlete: MANNAERTS ROSANNE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:1, starttime: 10:40

Heat: 1/5 Lane : 4 Athlete: ABAS NOUR — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:1, starttime: 10:40

Heat: 1/5 Lane : 5 Athlete: COCHET LANTE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: LWB

Event number: 6: 100M BUTTERFLY WOMEN 11+ **Heat:2, starttime: 10:42**

Heat: 2/5 Lane : 1 Athlete: VAN HAM MARIE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ **Heat:2, starttime: 10:42**

Heat: 2/5 Lane : 2 Athlete: JANSEN NINA **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ **Heat:2, starttime: 10:42**

Heat: 2/5 Lane : 6 Athlete: DE LAAT ELENA **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+ **Heat:1, starttime: 10:51**

Heat: 1/4 Lane : 2 Athlete: MANNAERTS MARTIJN **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: LWB

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:3, starttime: 10:55

Heat: 3/4 Lane : 1 Athlete: MANNAERTS MATHIAS — **Q-time: 01:16:35**

PB (25m pool): 01:23.15 Nijlen 16/11/2025 **PB (50m pool):** 01:16.35 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.53		01:23.15	
		00:36.53		*00:46.62*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:4, starttime: 10:57

Heat: 4/4 Lane : 4 Athlete: GERITS TUUR — **Q-time: 01:04:06**

PB (25m pool): 01:04.06 Beringen 08/02/2026 **PB (50m pool):** 01:04.34 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:29.99		01:04.06	
		00:29.99		*00:34.07*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:2, starttime: 11:12

Heat: 2/8 Lane : 4 Athlete: MERTENS LISA — **Q-time: 02:09:71**

PB (25m pool): no time **PB (50m pool):** 02:09.71 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:1, starttime: 11:30

Heat: 1/12 Lane : 1 Athlete: REYNDERS-ALDIANO AURORA-VICTOR — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: LWB

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:1, starttime: 11:30

Heat: 1/12 Lane : 3 Athlete: SLEDDENS SANNE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:8, starttime: 11:47

Heat: 8/12 Lane : 6 Athlete: ABAS NOUR — **Q-time: 01:37:84**

PB (25m pool): 01:37.84 Bilzen 25/01/2026 **PB (50m pool):** 01:36.55 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.84		01:37.84	
	00:45.84		*00:52.00*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:9, starttime: 11:49

Heat: 9/12 Lane : 3 Athlete: DE LAAT ELENA — **Q-time: 01:32:60**

PB (25m pool): 01:35.78 Mol 28/12/2025 **PB (50m pool):** 01:32.60 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.77		01:35.78	
	00:44.77		*00:51.01*		
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 12:03

Heat: 3/8 Lane : 4 Athlete: VAN GYSEL JORRE — **Q-time: 01:56:12**

PB (25m pool): no time **PB (50m pool):** 01:56.12 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: LWB

Event number: 10: 100M BREASTSTROKE MEN 11+ **Heat:8, starttime: 12:14**

Heat: 8/8 Lane : 2 Athlete: KAMAGATE TAMSI **Q-time: 01:11:06**

PB (25m pool): 01:11.06 Mol 28/12/2025 **PB (50m pool):** 01:13.14 **SB:** no time

	25M	50M	75M	100M	
PB		00:33.51		01:11.06	
		00:33.51		*00:37.55*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ **Heat:8, starttime: 12:14**

Heat: 8/8 Lane : 6 Athlete: GERITS TUUR **Q-time: 01:18:71**

PB (25m pool): 01:18.71 Bilzen 25/01/2026 **PB (50m pool):** 01:22.29 **SB:** no time

	25M	50M	75M	100M	
PB		00:37.28		01:18.71	
		00:37.28		*00:41.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: